

RYAN N. SCARBOROUGH
Licensed Clinical Social Worker
Certified Addictions Counselor Level III
EYE MOVEMENT DESENSITIZATION AND REPROCESSING (EMDR) LEVEL II

EMPLOYMENT

THE HEALTH DISTRICT OF NORTHERN LARIMER COUNTY: April 2005-present Fort Collins, CO
Psychotherapist / Addictions Counselor / Intensive Case Manager

- Participate collaboratively in patient care as a member of the Mental Health Integrated Care Team. Work closely with pediatric and family physicians, psychiatrists, therapists and social workers in delivering full spectrum care within a safety net primary care clinic. Patient population includes a high number of individuals with comorbid illnesses, severe and persistent mental illness, co-occurring mental health and substance abuse diagnosis and severe psychosocial stressors related to limited financial capacity, housing, legal requirements, employment and lack of resources.
- Provide therapeutic services to adolescent and adult patients as well as with couples. Referrals for therapy patients are often related to: mild to recurrent depression, substance abuse or dependence, anxiety, bipolar illness, personality disorders, PTSD, couples or marital concerns, legal involvement and psycho-education. Common therapeutic interventions include cognitive behavioral therapy, motivational interviewing, group therapy, substance abuse focused therapy and eye movement desensitization and reprocessing (EMDR).
- Patient contact includes: engagement; assessment; evaluation; screening; diagnosis; brief consults; brief therapy; moderate to long term psychotherapy; addictions screening, assessment, counseling and referral; psycho-education; triage and crisis response, assessment and intervention with referral to higher levels of care or emergency holds as necessary. Function in a capacity that allows for interruption to facilitate immediate assessment for acute patients or crisis response. Often called upon to assess and intervene with complex patients who have multiple concerns and with individuals who have threatened immediate harm to self and others.
- Worked collaboratively with physicians, addictions psychiatrist, therapists and social workers to modify and improve the clinic approach to managing chronic pain. Coordinated, modified and implemented group therapy protocol as an aspect of a multi-disciplinary approach to chronic pain management incorporating cognitive behavioral and dialectical behavioral treatment with psycho-education.
- Provide community based intensive case management services to target population. Services are focused at assisting high needs patients with complex concerns. Duties include: home visits; meeting in the community; monitoring medication compliance; assessing safety and stability; assisting with applying for support related to: housing, food stamps, disability, medication, financial resources, transportation, clothing, outpatient services and legal concerns. Effective case management has required a good working understanding of community agencies and resources, collaborating with other agencies and disciplines to offer optimal patient care.

COUNSELING SERVICE ASSOCIATES: January 2003-present Fort Collins, CO
Psychotherapist / Associate Level Therapist and Evaluator

- Develop Mental Health Sexual Offense Specific Evaluation utilized in sentencing by the Court and for treatment development. Evaluations incorporate psychometric testing, psychological assessment, clinical interview, case formulation, risk assessment and specific recommendations for level of supervision and treatment.
- Facilitate clinical treatment groups and individual therapy for adult male sex offenders in accordance with the Colorado Sex Offender Management Board. Facilitate an educational group that incorporates and supports clinical material. Provide individual therapy for adolescent victims

of sexual assault. Co-facilitate therapeutic group for partners and family members of sexual offenders.

- Conduct physiological arousal testing and assessment through the utilization of the penile plethysmograph (PPG).
- Collaborate with the community supervision team (supervising officers, human services, polygraph examiners, law enforcement, community corrections, treating physicians and other therapists) to develop and implement treatment.
- Primary therapist for approximately twenty patients. Monitor status in treatment and make recommendations to treatment team for modification as necessary. Develop treatment plans, maintain concise records and provide monthly progress reports to community supervision team.

LARIMER COUNTY COMMUNITY CORRECTIONS: April 2004–April 2005

Fort Collins, CO

Correctional Case Specialist

- Supervised client caseload of up to twenty-one individuals sentenced to community based supervision, developed and implemented case plans in accordance with the Colorado Department of Criminal Justice.
- Provided case management to clients focusing on treatment, employment and developing pro-social attitudes and behaviors through motivational interviewing, ongoing support and challenging criminal thinking.
- Maintained professional relationships with clients and collateral agencies.

8TH DISTRICT PROBATION, PROFESSIONAL INTERNSHIP: April 2003-April 2004

Fort Collins, CO

Deputy Probation Officer, State of Colorado, Sex Offender Intensive Supervision Program

- Primary supervising officer for five to eight individuals sentenced to Sex Offender Intensive Supervision.
- Actively participated in community supervision staff meetings.
- Maintained ongoing assessment of probationer risk, modifying case plans and interventions as needed. Managed accurate and detailed documentation of supervision activities, completed affidavits as needed for court proceedings and participated in various levels of community supervision including collaboration with community based treatment, family members, employers, housing, professional services and surveillance.
- Selected as Deputy Probation Officer of the Year. Professional internship included the completion of 720+ hours.

POUDRE VALLEY HEALTH SYSTEM, MOUNTAIN CREST: September 2002-April 2004

Fort Collins, CO

Mental Health Counselor, Adolescent Residential Treatment Unit

- Milieu management: facilitated therapy groups, monitored for safety through consistent interaction with patients.
- Observed and monitored patient status related to therapeutic treatment plan, ongoing intervention with patients through group activities, individual interaction, experiential therapy activities, community activities, school setting and reinforcing skills gained through individual therapy.
- Maintained concise written documentation of patients as it pertained to individual treatment plans.
- Participated in collaborative clinical staff meetings with psychiatrists, nurses, therapists, care coordinators and family members.

- Actively involved in crisis response on all units of the psychiatric hospital, intervention ranged from verbal interaction to assisting with applying physical restraints. Completed specific training on a yearly basis related to crisis assessment and intervention.

SOUTH CENTRAL MENTAL HEALTH CENTER: December 1997-August 2002

Billings, MT

Group Home Supervisor (1997-2000)

- Monitored signs and symptoms of up to eight adults with severe and persistent mental illness.
- Engaged in ranging forms of crisis assessment, intervention and transfer to higher level of care as needed. Completed specific crisis assessment and intervention training, MANDT, retrained yearly.
- Developed individual treatment plans specific to therapeutic need, collaboration with psychiatrists, therapists and day treatment clinicians. Facilitated daily activities in support of clients developing and practicing improved behaviors related to self care, activities of daily living, independence, social interaction and problem solving.

Intensive Case Manager (2000-2002)

- Maintained caseload ranging from twenty to twenty-four adults with severe and persistent mental illness. Community based support and intervention by assisting clients with access to treatment, housing, transportation, social services, employment, advocacy, linkage, referral, obtaining medication and monitoring compliance and safety. Consistently engaged in assessment of status, crisis assessment, intervention and referral to higher level of care or emergency hold as necessary.
- Developed individual treatment plans, maintained concise documentation related to client progress and status related to therapeutic and treatment goals. Actively engaged with other treatment providers by accompanying clients to appointments, participating in clinical staff meetings and clinical triage.
- Motivated clientele to participate in treatment plans and engage in change through motivational interviewing, support and reinforcement.

DEACONESS BILLINGS CLINIC, PSYCHIATRIC CENTER: June 2001-July 2002

Billings, MT

Mental Health Worker

- Assisted medical staff on inpatient psychiatric units (adolescent, adult and geriatric). Measuring vital signs, documentation of patient status, facilitated group activities, individual interaction with patients.
- Assisted in crisis assessment and management including utilizing physical restraints and assisting with the administration emergency medications. Completed specific training related to crisis assessment and intervention.

EDUCATION

COLORADO STATE UNIVERSITY: 2002-2004

Master's of Social Work

- Graduate research assistant to the president of the Social Work department.
- Advanced generalist training program.
- Educational training was research based focusing on direct clinical practice, social policy analysis, various types of social research and aspects of social work advocacy and practice at a professional level.
- Research publication, text book: Bradford W. Sheafor and Charles R. Horejsi, 2006. *Techniques and Guidelines for Social Work Practice*, 7th edition. Boston: Allyn and Bacon, pp. 494-496.

ROCKY MOUNTAIN COLLEGE: 1997-2000

Bachelors of Science (Psychology major, Sociology minor)

- Dean's list for high academic marks.

- Research publication and presentation at American Psychological Society Annual Conference, Toronto, Ontario, Canada. June 2001.

LICENSES & CERTIFICATIONS

LICENSED CLINICAL SOCIAL WORKER - Colorado, active

CERTIFIED ADDICTIONS COUNSELOR LEVEL III - Colorado, active

EYE MOVEMENT DESENSITIZATION AND REPROCESSING (EMDR) THERAPIST - level II trained

SEX OFFENDER MANAGEMENT BOARD, ASSOCIATE LEVEL THERAPIST & EVALUATOR - Colorado, active